

4 Year Olds



Dates to Remember:

Wednesday, April 1 - 4s Classroom Easter Party

Thursday, April 2 - Friday, April 10 - Easter Recess

Thursday, April 30 - Purple Day

Color of the Month - PURPLE

Letters of the Week - V, W, X

(Sign and Sound)

Number of the Month - 8 (English & Spanish)

Days of the Week - English & Spanish

The Five Senses

We will celebrate Easter this month! The children will be learning what it means to be kind and caring just as Jesus was. We will discuss why Easter is so important. The children will decorate Easter baskets, hoping for a visit and some goodies from the Easter Bunny! Our Easter Party will be Wednesday, April 1. The class parents will be organizing the refreshments. We will be asking them to send in plastic eggs filled with a few peanut-free Easter candies, enough for 2 eggs for each child to find on our Easter Egg Hunt. SHHH, this is a surprise from the Easter Bunny!

As part of our celebration of Easter, we will be asking the children to do good deeds for others. A "Good Deed" is something that is not asked of you, but something you do from the heart to help others without being asked. We will be sending home a letter which you will send back to school with your child when he/she has completed a Good Deed. We will have a special Good Deed Basket that is decorated with flowers for the children to place their "Good Deeds for Jesus" in. We are expecting a very full basket because we have very caring, kind children here at St. Catharine's! Before our Easter break, we will be going over to the church to leave our Good Deed basket for Jesus on the altar.

In recognition of Nutrition Awareness month, Maria Livingston (Owen's mom and a registered dietitian) came in to talk to the children about healthy eating. The children (and the teachers) learned so much. Mrs. Livingston taught the children about the "Brave Bite Rule." The Brave Bite Rule acknowledges that it's scary for children to try new foods. Instead of pressuring or forcing children to try something unfamiliar, we should encourage them to look at the food, smell it, and take one tiny bite using language like, "you just have to try it, you don't have to like it." Thank you for the great talk and the wonderful tips, Mrs. Livingston!

If anyone else has something they'd like to come in and share with the children, please let us know. We love to have visitors!

The children have been introduced to almost all of the letters of the alphabet by learning the sound, shape and sign! Please continue to look for pictures and have your child print them from the computer or cut them out of newspapers or magazines. This will help reinforce the letter while strengthening their fine motor skills. Please help your child to participate in completing the last few letters. This is a great way to help them get ready for kindergarten.

We are continuing to practice our names, addresses, and phone numbers. If your child has not received his/her Safety Award, please continue to practice. This is a very difficult lesson and the children are working so hard to master it. With your help, they can!

The children will be learning about the 5 senses: eyes to see, ears to hear, noses to smell, hands to touch, and mouths to taste. We will do activities and worksheets to help the children learn about each of the senses. To help reinforce this at home, next time you go on a walk with your child, incorporate what you see, what you hear, pick up some rocks, etc. Make it a fun activity for them and YOU!

Please send in a NEW WHITE tee shirt for your child as soon as you can. We will be decorating the tee shirts for graduation!

We have completed Parent-Teacher conferences. Thank you all for your support and participation. As always, please feel free to talk to us if you have any questions or concerns.